From: |||ODAR OEOHR DTHR

Sent: Monday, January 23, 2012 4:47 PM

Subject: Speed Mentoring -- MENTworking -- JOIN US!

Importance: High

You are cordially invited to attend the speed-mentoring event

MENTworking

---sponsored by Division of Training and Human Resources (DTHR) ---

January is National Mentoring Month, and DTHR would like to recognize it by hosting MENTworking. This fun and innovative event connects experienced ODAR executives and managers with employees who would like to have a brief, career-focused conversation with a mentor. We strongly encourage all ODAR headquarters and Crystal City employees interested in career development or advancement to participate in this event.

Several ODAR executives from various fields will serve as mentors. It is an excellent opportunity to network with leaders and professionals while receiving practical advice regarding your career. We invite all grade levels to attend. Please seek your supervisor's approval before attending this event. Attendance is subject to workload considerations and prior management approval.

When: Thursday, January 26, 2012 from 11:00 a.m. – 12:00 p.m.

Where: ODAR HQ, Multipurpose Room 1- Suite 103

How does MENTworking work?

- Patterned after "speed dating," it is an opportunity for you to have a discussion with a mentor.
- Each participant will have approximately seven minutes to ask a mentor questions related to career development at SSA.
- To get the most out of the seven minutes, come prepared with specific questions.
- After the session, mentees will have experienced a valuable one—on-one conversation with a professional.

To RSVP a MENTworking slot, please contact Sherry Adams at: Sherry.Adams@ssa.gov by noon Wednesday, January 25, 2012.

We look forward to seeing you at MENTworking!

Anne Capone-Mitchell /s/

Director for *Division of Training and Human Resources (DTHR)*

